

**Basic UL Gear List
(3 Season, 20+ Degrees)**

#	Item:	Example:	Weight (oz)	Cost:	Sold at:
Clothing Worn:			26.75	\$ 157.00	
1	Shirt	REI Lightweight MTS Long-Sleeve Zip-T	6.60	\$ 32.00	REI
2	Pants	REI Sahara Convertible Pants	12.40	\$ 55.00	REI
3	Underwear	ExOfficio Boxer Briefs	2.80	\$ 25.00	REI
4	Socks	Smart Wool PHD Mini Crew Socks	2.20	\$ 20.00	REI
5	Sun Hat	Columbia Booney Hat	2.75	\$ 25.00	REI
Other Items Worn/Carried:			46.10	\$ 276.00	
6	Watch	Timex Watch	0.90	\$ 20.00	Walmart
7	Hiking Staff/Poles	REI Peak UL trekking poles	15.40	\$ 129.00	REI
8	Bandana	Generic Bandana	1.05	\$ 2.00	REI
9	Map	Photocopy of Map (in pocket)	0.75	\$ -	Home
10	Shoes	Salomon XT Wings - Trail Runners	28.00	\$ 125.00	REI
Extra Clothing:			27.60	\$ 330.00	
11	Rain Jacket	Golite Virga Jacket	8.80	\$ 80.00	BackcountryGear
12	Rain Pants	Golite Reed Pants	5.00	\$ 70.00	BackcountryGear
13	Insulating Jacket	Montbell Thermal Wrap Jacket	8.8	\$ 140.00	BackcountryGear
14	Gloves	Generic Fleece Gloves	1.40	\$ 10.00	Walmart
15	Warm Hat	Generic Fleece Cap	1.40	\$ 10.00	Walmart
16	Spare Socks	Smart Wool PHD Mini Crew Socks	2.20	\$ 20.00	REI
Packing:			19.80	\$ 118.50	
17	Backpack	Granite Gear Virga Pack	19.0	\$ 110.00	BackcountryGear
18	Clothing & Shelter Bag	REI X-Small Tuff Lite Stuff Sack	0.60	\$ 8.50	REI
19	Essentials Bag	Ziplock Bag	0.20	\$ -	Home
Shelter & Sleeping:			43.95	\$ 420.00	
20	Sleeping Bag	Golite Ultra 20 Quilt	19.0	\$ 225.00	Backcountry Gear
21	Sleeping Pad	Ridge Rest Pad - Short	9.0	\$ 20.00	REI
22	Tarp	Integral Designs 5 x 8 Sil Tarp	6.50	\$ 75.00	REI
23	Bivy	Equinox Bivy	6.50	\$ 65.00	Backcountry Gear
24	Stakes	Vargo Ti Stakes (x8)	2.35	\$ 20.00	Backcountry Gear
25	Tarp Line	Kelty Triptease Line (8 x 3 ft = 24 ft)	0.60	\$ 15.00	Backcountry Gear
Cooking & Hydration:			13.60	\$ 160.00	
26	Water Storage	Platypus 2.5 lt. Water Bottle	1.30	\$ 10.00	REI
27	Water Carrier	Platypus 1 lt. bottle	0.90	\$ 8.00	REI
28	Water Purification	Katadyn Micropur, Purifications Tabs (6/day x 3 = 18)	0.45	\$ 10.00	REI
29	Bear Bag System	Trip Tease 35' + REI Small Tuff Lite Sack 7x15 + Mini-biner	1.85	\$ 26.00	REI
30	Cooking Pot	Snowpeak 700 Ti Mug	4.25	\$ 35.00	REI
31	Stove	Snowpeak Giga w/Piezo	3.60	\$ 50.00	REI
32	Soap	Dr Bonner's Camp Soap in microbottle	0.30	\$ 10.00	REI
33	Lighter	Bic Mini Lighter	0.40	\$ 1.00	Walmart
34	Spoon	Collapsible Ti Spoon	0.55	\$ 10.00	REI
Essentials:			4.30	\$ 44.00	
35	Compass/Thermometer	REI Keychain Thermometer/Compass	0.30	\$ 10.00	REI
36	Single Whistle	Fox 40 Safety Whistle	0.20	\$ 10.00	REI
37	Flashlight	Photon Freedom Light	0.30	\$ 10.00	REI
38	Repair/First Aid Tape	5 feet of Duct Tape	0.30	\$ -	Home
39	Toothbrush	Toothbrush - saw off handle	0.30	\$ -	Home
40	Floss	Mini Floss	0.20	\$ -	Home
41	First Aid	Gauze Pads x2, Several Band Aids, Antibiotic Ointment, Needle	0.50	\$ -	Home
42	Spare Fire Source	Match Book	0.15	\$ -	Home
43	Sunscreen	Sunscreen - microbottle	0.50	\$ 2.00	REI
44	Insect Protection	100% Deet - microbottle	0.50	\$ 2.00	REI
45	Medicine	2 imodiums, 2 bendryls, 4 pseudofeds, 16 ibuprofins	0.30	\$ -	Home
46	Knife	Swiss Army Classic Knife	0.75	\$ 10.00	Walmart
Consumables:			79.00	\$ 23.50	
47	Food	Total Food (2 days)	40.00	\$ 20.00	Walmart
48	Stove Fuel	Snowpeak Canister	7.00	\$ 3.50	REI
49	Water	Water - 1 liter	32.00	\$ -	Trail
1	Total Items Worn/Carried (lbs.)		4.55	\$ 433.00	
2	Total Base Weight (lbs.)		6.83	\$ 1,072.50	
3	Total Weight of Consumables (lbs.)		4.94	\$ 23.50	
4	Total Carried Pack Weight (2)+(3)		11.77	\$ 1,096.00	
5	Total Skin Out Weight (1)+(2)+(3)		16.32	\$ 1,529.00	

Notes:

No specialty gear is on this list, i.e. all gear is commonly sold on the internet, REI, and walmart

Gear is focused on "value", not absolute best in class which tends to significantly increase cost for marginal gains

Note first aid kit is small (adhere gauze pads with duct tape), blister care is done with duct tape. Modify to suit needs

Gear weight is listed unmodified as it comes from manufacturer