

Basic UL Gear List
(3 Season, 20+ Degrees)

| # | Item: | Example: | Weight (oz) | Cost: | Sold at: |
|----------------------------------|---|---|-------------|-------------|------------------|
| Clothing Worn: | | | 26.75 | \$ 157.00 | |
| 1 | Shirt | REI Lightweight MTS Long-Sleeve Zip-T | 6.60 | \$ 32.00 | REI |
| 2 | Pants | REI Sahara Convertible Pants | 12.40 | \$ 55.00 | REI |
| 3 | Underwear | ExOfficio Boxer Briefs | 2.80 | \$ 25.00 | REI |
| 4 | Socks | Smart Wool PHD Mini Crew Socks | 2.20 | \$ 20.00 | REI |
| 5 | Sun Hat | Columbia Booney Hat | 2.75 | \$ 25.00 | REI |
| Other Items Worn/Carried: | | | 46.10 | \$ 276.00 | |
| 6 | Watch | Timex Watch | 0.90 | \$ 20.00 | Walmart |
| 7 | Hiking Staff/Poles | REI Peak UL trekking poles | 15.40 | \$ 129.00 | REI |
| 8 | Bandana | Generic Bandana | 1.05 | \$ 2.00 | REI |
| 9 | Map | Photocopy of Map (in pocket) | 0.75 | \$ - | Home |
| 10 | Shoes | Salomon XT Wings - Trail Runners | 28.00 | \$ 125.00 | REI |
| Extra Clothing: | | | 27.60 | \$ 330.00 | |
| 11 | Rain Jacket | Golite Virga Jacket | 8.80 | \$ 80.00 | BackcountryGear |
| 12 | Rain Pants | Golite Reed Pants | 5.00 | \$ 70.00 | BackcountryGear |
| 13 | Insulating Jacket | Montbell Thermal Wrap Jacket | 8.8 | \$ 140.00 | BackcountryGear |
| 14 | Gloves | Generic Fleece Gloves | 1.40 | \$ 10.00 | Walmart |
| 15 | Warm Hat | Generic Fleece Cap | 1.40 | \$ 10.00 | Walmart |
| 16 | Spare Socks | Smart Wool PHD Mini Crew Socks | 2.20 | \$ 20.00 | REI |
| Packing: | | | 19.80 | \$ 118.50 | |
| 17 | Backpack | Granite Gear Virga Pack | 19.0 | \$ 110.00 | BackcountryGear |
| 18 | Clothing & Shelter Bag | REI X-Small Tuff Lite Stuff Sack | 0.60 | \$ 8.50 | REI |
| 19 | Essentials Bag | Ziplock Bag | 0.20 | \$ - | Home |
| Shelter & Sleeping: | | | 43.95 | \$ 420.00 | |
| 20 | Sleeping Bag | Golite Ultra 20 Quilt | 19.0 | \$ 225.00 | Backcountry Gear |
| 21 | Sleeping Pad | Ridge Rest Pad - Short | 9.0 | \$ 20.00 | REI |
| 22 | Tarp | Integral Designs 5 x 8 Sil Tarp | 6.50 | \$ 75.00 | REI |
| 23 | Bivy | Equinox Bivy | 6.50 | \$ 65.00 | Backcountry Gear |
| 24 | Stakes | Vargo Ti Stakes (x8) | 2.35 | \$ 20.00 | Backcountry Gear |
| 25 | Tarp Line | Kelty Triptease Line (8 x 3 ft = 24 ft) | 0.60 | \$ 15.00 | Backcountry Gear |
| Cooking & Hydration: | | | 13.60 | \$ 160.00 | |
| 26 | Water Storage | Platypus 2.5 lt. Water Bottle | 1.30 | \$ 10.00 | REI |
| 27 | Water Carrier | Platypus 1 lt. bottle | 0.90 | \$ 8.00 | REI |
| 28 | Water Purification | Katadyn Micropur, Purifications Tabs (6/day x 3 = 18) | 0.45 | \$ 10.00 | REI |
| 29 | Bear Bag System | Trip Tease 35' + REI Small Tuff Lite Sack 7x15 + Mini-biner | 1.85 | \$ 26.00 | REI |
| 30 | Cooking Pot | Snowpeak 700 Ti Mug | 4.25 | \$ 35.00 | REI |
| 31 | Stove | Snowpeak Giga w/Piezo | 3.60 | \$ 50.00 | REI |
| 32 | Soap | Dr Bonner's Camp Soap in microbottle | 0.30 | \$ 10.00 | REI |
| 33 | Lighter | Bic Mini Lighter | 0.40 | \$ 1.00 | Walmart |
| 34 | Spoon | Collapsible Ti Spoon | 0.55 | \$ 10.00 | REI |
| Essentials: | | | 4.30 | \$ 44.00 | |
| 35 | Compass/Thermometer | REI Keychain Thermometer/Compass | 0.30 | \$ 10.00 | REI |
| 36 | Single Whistle | Fox 40 Safety Whistle | 0.20 | \$ 10.00 | REI |
| 37 | Flashlight | Photon Freedom Light | 0.30 | \$ 10.00 | REI |
| 38 | Repair/First Aid Tape | 5 feet of Duct Tape | 0.30 | \$ - | Home |
| 39 | Toothbrush | Toothbrush - saw off handle | 0.30 | \$ - | Home |
| 40 | Floss | Mini Floss | 0.20 | \$ - | Home |
| 41 | First Aid | Gauze Pads x2, Several Band Aids, Antibiotic Ointment, Needle | 0.50 | \$ - | Home |
| 42 | Spare Fire Source | Match Book | 0.15 | \$ - | Home |
| 43 | Sunscreen | Sunscreen - microbottle | 0.50 | \$ 2.00 | REI |
| 44 | Insect Protection | 100% Deet - microbottle | 0.50 | \$ 2.00 | REI |
| 45 | Medicine | 2 imodiums, 2 bendryls, 4 pseudofeds, 16 ibuprofins | 0.30 | \$ - | Home |
| 46 | Knife | Swiss Army Classic Knife | 0.75 | \$ 10.00 | Walmart |
| Consumables: | | | 79.00 | \$ 23.50 | |
| 47 | Food | Total Food (2 days) | 40.00 | \$ 20.00 | Walmart |
| 48 | Stove Fuel | Snowpeak Canister | 7.00 | \$ 3.50 | REI |
| 49 | Water | Water - 1 liter | 32.00 | \$ - | Trail |
| 1 | Total Items Worn/Carried (lbs.) | | 4.55 | \$ 433.00 | |
| 2 | Total Base Weight (lbs.) | | 6.83 | \$ 1,072.50 | |
| 3 | Total Weight of Consumables (lbs.) | | 4.94 | \$ 23.50 | |
| 4 | Total Carried Pack Weight (2)+(3) | | 11.77 | \$ 1,096.00 | |
| 5 | Total Skin Out Weight (1)+(2)+(3) | | 16.32 | \$ 1,529.00 | |

Notes:

No specialty gear is on this list, i.e. all gear is commonly sold on the internet, REI, and walmart

Gear is focused on "value", not absolute best in class which tends to significantly increase cost for marginal gains

Note first aid kit is small (adhere gauze pads with duct tape), blister care is done with duct tape. Modify to suit needs

Gear weight is listed unmodified as it comes from manufacturer