

LytW8.com - Cheap Ultra Light Gear List
(3 Season, 20+ Degrees)

#	Item:	Example:	Weight (oz)	Cost:	Sold at:
Clothing Worn:			28.80	\$ 36.00	
1	Shirt	Dri-Star Longsleeve T Shirt	6.60	\$ 6.00	Walmart
2	Pants	Mesh Lined Track Pants	12.00	\$ 10.00	Walmart
3	Underwear	Dri Star Compression Shorts	4.00	\$ 10.00	Walmart
4	Socks	REI Merino Wool Socks (low cut)	2.20	\$ 10.00	REI
5	Sun Hat	Ball Cap	4.00	\$ -	Home
Other Items Worn/Carried:			40.70	\$ 83.00	
6	Watch	Timex Indiglo	0.90	\$ 16.00	Walmart
7	Hiking Staff	Stick	16.00	\$ -	Woods
8	Bandana	Generic Bandana	1.05	\$ 2.00	Walmart
9	Map	Photocopy of Map (in pocket)	0.75	\$ -	Home
10	Shoes	New Balance MT572	22.00	\$ 65.00	Zappos
Extra Clothing:			32.75	\$ 48.00	
11	Rain Jacket	Dry Ducks Jacket (sale)	5.55	\$ 20.00	Online Search
12	Rain Pants	Dry Ducks Pants (sale)	6.00	\$ -	w/jacket
13	Insulating Jacket	Walmart Fleece Jacket	16.00	\$ 12.00	Walmart
14	Gloves	Walmart Fleece Gloves	1.50	\$ 3.00	Walmart
15	Warm Hat	Walmart Fleece Cap	1.50	\$ 3.00	Walmart
16	Spare Socks	REI Merino Wool Socks (low cut)	2.20	\$ 10.00	REI
Packing:			21.40	\$ 88.50	
17	Backpack	Granite Gear Virga (20% off coupon)	19.0	\$ 88.00	Campsaver
18	Pack Liner	Trash Compactor Bag	2.20	\$ 0.50	Walmart
19	Essentials Bag	Ziplock Bag	0.20	\$ -	Home
Shelter & Sleeping:			61.50	\$ 143.25	
20	Sleeping Bag	REI Sahara 30 Degree Down Bag (09 close out)	36.0	\$ 105.00	REI Outlet
21	Sleeping Pad	Standard Blue Foam 56" long	7.50	\$ 12.50	Walmart
22	Tarp	Blue Tarp (10 x8)	18.00	\$ 6.50	Walmart
23	Guylines	50' PMI 3mm utility cord	3.67	\$ 4.25	REI
24	Stakes	8 Aluminum Hook Stakes	2.80	\$ 12.00	REI
25	Ground Cloth	3mil Plastic 4 x 8	4.00	\$ 3.00	Walmart
Cooking & Hydration:			15.93	\$ 24.25	
26	Water Storage	Aqua Fina 1 lt bottle	1.20	\$ -	Home
27	Water Carrier	Aqua Fina 1 lt bottle	1.20	\$ -	Home
28	Water Purification	Katadyn Micropur, Purifications Tabs (6/day x 3 = 18)	0.45	\$ 10.00	REI
29	Bear Bag System	40' PMI 3mm utility cord	2.93	\$ 4.25	REI
30	Cooking Pot	Grease Pot	3.70	\$ 5.00	Walmart
31	Fuel Bottle	Contact Solution Bottle (4 oz size)	1.00	\$ 2.00	Walmart
32	Stove	Cat Can Stove	3.60	\$ 1.00	Walmart
33	Soap	Camp Soap in microbottle	0.30	\$ 1.00	Walmart
34	Lighter	Mini Bic	1.00	\$ 1.00	Walmart
35	Spoon	Plastic Spoon	0.55	\$ -	Wendy's
Essentials:			6.90	\$ 46.00	
36	Compass/Thermometer	Silva Starter 1-2-3 Compass	1.00	\$ 12.00	REI
37	Signal Whistle	Fox 40	0.50	\$ 6.00	REI
38	Flashlight	Coleman Mini Headlap	1.40	\$ 13.00	Walmart
39	Repair/First Aid Tape	5 feet of Duct Tape	0.30	\$ -	Home
40	Toothbrush	Toothbrush - saw off handle	0.30	\$ -	Home
41	Tooth Paste	Travel Tooth Paste (1/2 empty)	0.50	\$ 1.00	Home
42	Floss	Mini Floss	0.20	\$ -	Home
43	First Aid	Gauze Pads x2, Several Band Aids, Antibiotic Ointment, Needle	0.50	\$ -	Home
44	Spare Fire Source	Match Book	0.15	\$ -	Home
45	Sunscreen	Sunscreen - microbottle	0.50	\$ 2.00	Walmart
46	Insect Protection	100% Deet - microbottle	0.50	\$ 2.00	Walmart
47	Medicine	2 imodiums, 2 bendryls, 4 pseudofeds, 16 ibuprofins	0.30	\$ -	Home
48	Knife	Swiss Army Classic Knife	0.75	\$ 10.00	Walmart
Consumables:			79.00	\$ 28.50	
49	Food	Total Food (2 days)	40.00	\$ 25.00	Walmart
50	Stove Fuel	Alcohol	7.00	\$ 3.50	REI
51	Water	Water - 1 liter	32.00	\$ -	Trail
1	Total Items Worn/Carried (lbs.)		4.34	\$ 119.00	
2	Total Base Weight (lbs.)		8.66	\$ 350.00	
3	Total Weight of Consumables (lbs.)		4.94	\$ 28.50	
4	Total Carried Pack Weight (2)+(3)		13.59	\$ 378.50	
5	Total Skin Out Weight (1)+(2)+(3)		17.94	\$ 497.50	

Notes:

No specialty gear is on this list, i.e. all gear is commonly sold on the internet, REI, and walmart

Gear is focused on "cheap", focus on price first with weight second

Note first aid kit is small (adhere gauze pads with duct tape), blister care is done with duct tape. Modify to suit needs

Gear weight is listed unmodified as it comes from manufacturer