

Jamie Shortt's UL Gear List
(Mount Rogers, VA Mar 29-30 2011 temp 25-50, 20 miles)

#	Item:	Weight (oz)
	Clothing Worn:	26.30
1	BPL LS Merino Wool T-shirt (medium)	5.10
2	BPL Merino Wool Shorts (medium)	3.70
3	REI Sahara Convertible Pants (medium)	12.40
5	Smart Wool PHD Mini Crew	2.35
6	Columbia Booney Hat	2.75
	Other Items Worn/Carried:	36.95
7	Bandana (in pocket or worn)	1.05
8	Pedometer	0.95
9	REI Carbon Bamboo Hiking Staff	5.95
10	Montrail Masochist Trail GTX Runners Size 11 + superfeet	29.00
	Packed Clothing:	14.85
11	Golite Wisp Wind Shirt	2.85
12	Mont-Bell UL Down Jacket	6.90
13	REI Fleece Gloves	1.40
14	Fleece Cap	1.35
15	Smart Wool PHD Mini Crew	2.35
	Packing:	10.75
16	TrailLite Bandoleer Pack	10.15
17	Z Packs Medium Cuben Stuff Sack (clothes and shelter)	0.20
18	MYOG Medium Silnylon Stuff Sack (Food)	0.40
	Shelter & Sleeping:	35.70
19	Nunatak Ghost	15.55
20	GG 3/8" Thin Light Sleeping pad - 38" trimmed	3.45
21	MLD Superlight Bivy	6.05
22	Integral Designs Silponcho Tarp	8.65
23	BPL Lazr Ti Stakes (x6) and 30' feet line	2.00
	Cooking & Hydration:	6.30
24	Platypus 2.5 lt. Water Bottle	1.30
25	Platypus 1 lt. bottle	0.90
26	Katadyn Micropur, Purifications Tabs (8 tablets)	0.20
27	Bear Hang (cuben stuff sack + 40 ft line)	0.90
28	BPL Trapper Mug	1.65
29	Ti Wing Stove	0.45
30	Dr Bonner's Camp Soap (micro-dropper)	0.20
31	Bic Mini Lighter	0.40
32	Ti Spoon	0.30

#	Item:	Weight (oz)
	Essentials:	10.60
33	REI Keychain Thermometer/Compass (attached to pack)	0.30
34	Photocopy of Map (in pocket)	0.40
35	Fox 40 Safety Whistle (attached to pack)	0.20
36	Photon Micro Light w/cord	0.30
37	First Aid/Repair in Ziplock	0.80
38	Match Book	0.15
39	Dermatone Stick	0.25
40	Cell Phone	2.35
41	Canon Powershot Camera	4.75
42	Pen	0.20
43	Car Key	0.90
	Consumables:	52.70
44	Total Food (1.0 days)	19.70
45	2x Esbit Tablets	1.00
46	Water - 1 liter	32.00

1	Total Items Worn/Carried (lbs.)	3.95
2	Total Base Weight (lbs.)	4.89
3	Total Weight of Consumables (lbs.)	3.29
4	Total Gear Weight Worn+Packed (1)+(2)	8.84
5	Total Carried Pack Weight (2)+(3)	8.18
6	Total Skin Out Weight (1)+(2)+(3)	12.13

First Aid/Repair Details

Meds: 2x benadryl, 4x ibuprofen, 1x cold relief
 2x Gauze pads
 Razor blade
 Duct tape
 Floss