

Jamie Shortt's UL Gear List
(Nantahala Forest 3 day/2 Night, 55-70 Degrees, May 09)

#	Item:	Weight (oz)
	Clothing Worn:	19.05
1	BPL SS Merino Wool T-shirt	5.10
2	North Face Cargo Hiking Shorts	7.00
3	BPL Merino Wool Shorts	3.70
4	Smart Wool Adrenaline Multisports Mini Crew	1.25
5	North Face Horizon Cap	2.00
	Other Items Worn/Carried:	43.85
6	Timex Watch	0.90
7	TiGoat AGP Hiking Poles	7.00
8	Generic Bandana (in pocket or worn)	1.05
9	Olympus Camera - F-20 w/battery & card (in pocket)	4.35
10	Photocopy of Map (in pocket)	0.75
11	Salomon XT Wings - Trail Runners	29.80
	Extra Clothing:	9.50
12	Golite Virga Rain Jacket	8.25
17	Smart Wool Adrenaline Multisports Mini Crew	1.25
	Packing:	10.85
18	MLD Prophet Backpack	10.55
19	Z Packs Small Cuben Stuff Sack (cooking items)	0.10
20	Z Packs Medium Cuben Stuff Sack (clothes and shelter)	0.20
	Shelter & Sleeping:	33.85
22	JRB Stealth Quilt	16.55
23	GG 3/8" Thin Light Sleeping pad - 38" trimmed	3.45
24	MLD Grace Solo Spectralite Tarp	5.65
25	MLD Superlight Bivy	5.95
26	BPL Lazr Ti Stakes (x8)	1.75
27	Kelty Triptease Line (18.5')	0.50
	Cooking & Hydration:	9.55
28	Platypus 2.5 lt. Water Bottle	1.30
29	Platypus 1 lt. bottle	0.90
30	Bleach (micro-dropper)	0.10
31	Bear Bag (Trip Tease 35' + Z Packs Md Cuben Sack + Biner)	1.10
32	Fuel Bottle (5 oz cap.)	0.70
34	Brasslight 550 Ti Mug w/Lid	3.15
35	12-10 Alcohol Stove	0.50
36	Caldera Cone	1.05
37	Dr Bonner's Camp Soap (micro-dropper)	0.10
38	Bic Mini Lighter	0.40
39	Short Handled Ti Spoon	0.25

#	Item:	Weight (oz)
	Essentials:	13.66
40	REI Keychain Thermometer/Compass (attached to pack)	0.30
41	Fox 40 Safety Whistle (attached to pack)	0.20
42	Garmen eTrex Venture HC GPS	5.35
43	Cell Phone	2.35
44	Extra camera battery	0.55
45	Car Key	0.90
46	Petz elite	0.95
47	Spare Contacts in Case	0.50
48	Pen w/duct tape, needle	0.25
49	Infant Tooth Brush	0.20
50	Floss	0.01
51	Tooth paste dots	0.10
52	Gauze Pads x2 & antibiotic ointment	0.10
53	Match Book	0.15
55	Sunscrean in Mini Bottle	0.55
56	Meds (2 imodiums, 2 bendryls, 4 pseudofeds, 16 ibuprofins)	0.30
57	Micro bottle of Deet	0.10
58	Rx Pills (4 pills)	0.30
59	Derma-Safe Folding Knife	0.30
60	Ziplock Bag	0.20
	Consumables:	83.00
57	Total Food (2.5 days)	48.00
59	Fuel - 4 oz	3.00
60	Water - 1 liter	32.00

1	Total Items Worn/Carried (lbs.)	3.93
2	Total Base Weight (lbs.)	4.84
3	Total Weight of Consumables (lbs.)	5.19
4	Total Carried Pack Weight (2)+(3)	10.03
5	Total Skin Out Weight (1)+(2)+(3)	13.96