

Jamie Shortt's Extreme UL Gear List
(Pisgah Trip, 2.5 days, Temp 38 to 75)

Worn Items:	Total oz.	Total lbs.
REI Lightweight MTS Short-Sleeve Zip-T	5.20	0.33
North Face Cargo Hiking Shorts	7.00	0.44
ExOfficio Boxer Briefs	2.80	0.18
REI Merino Wool Light Hiker Socks - Low	2.25	0.14
Bandana	1.05	0.07
Watch	0.90	0.06
Columbia Booney Hat	2.75	0.17
Komperdell Carbon Hiking Staff	10.35	0.65
Camera - Olympus F-230 w/battery & card (in pocket)	4.35	0.27
Photon Freedom on Lanyard (around neck)	0.30	0.02
Garmen etrex Venture HC GPS (in pocket)	5.35	0.33
Map (in pocket)	0.75	0.05
Saloman XA 3D XRC	30.00	1.88
	73.05	4.57

Pack:		
Golite Ion	9.10	0.57
	9.10	0.57

Shelter/Sleeping:		
Montbell Thermal Sheet	14.30	0.89
GG 3/8" Thin Light Sleeping pad - 3/4 length (trimmed)	3.45	0.22
Golite Poncho Tarp	10.75	0.67
Montbell Breeze Dry Tec Bivy	6.30	0.39
8 Ti stakes	2.25	0.14
Spectraline (8 x 3 ft = 24 ft)	0.65	0.04
	37.70	2.36

Cooking:		
Platypus 2.5 lt. Water Bottle	1.30	0.08
CIO2 Purifications Tabs (20)	0.45	0.03
Platypus 1 lt. bottle	0.90	0.06
Trip Tease Cord 35' + REI Stuff Sack for Food	1.85	0.12
Fuel Bottle (4 oz cap.)	0.60	0.04
Everclear Bottle (3 oz cap.)	0.40	0.03
Snowpeak Trek 450	2.40	0.15
Gram Weenie Stove + pan	0.45	0.03
Camp Soap (micro-dropper)	0.30	0.02
Mini Bic Lighter	0.40	0.03
Foil Windscreen & Foil Lid	0.25	0.02
GSI Collapsible Spoon	0.30	0.02
	9.60	0.60

Extra Cloths:		
Golite Wisp Windshirt	2.85	0.18
Mont-Bell UL Down Jacket	6.90	0.43
REI Merino Wool Light Hiker Socks - Low	2.20	0.14
	11.95	0.75

Misc. in Ziplock		
Keychain Thermometer/Compass	0.30	0.02
Cell Phone	3.30	0.21

Book - The 2 oz Backpacker	2.40	0.15
Microlight	0.30	0.02
Saline - microbottle	0.40	0.03
Sunscreen - microbottle	0.45	0.03
Deet - microbottle	0.55	0.03
Pen w/duct tape & needle	0.30	0.02
Denta burst brushes x 4	0.10	0.01
Floss	0.20	0.01
Contact Case	0.50	0.03
Pills (4 imodiums, 4 bendryls, 8 pseudofeds, 16 ibuprofins)	0.40	0.03
Extra Contacts	0.50	0.03
Gauze Pads	0.05	0.00
Match Book	0.15	0.01
Swiss Army Knife Classic	0.75	0.05
Ziplock Bag	0.25	0.02
	10.90	0.68

Day 1 Food (w/details):		
Day 1 Bag (breakfast, lunch, snacks)		
2 oatmeal 2 oz	2.75	0.17
beef jerky	2.50	0.16
trail mix - sweet	2.00	0.13
trail mix - oriental	2.00	0.13
coffee & tea & lemonade mix	0.80	0.05
peanut butter crackers	1.55	0.10
Granola bar	1.40	0.09
Twizzlers Candy	2.25	0.14
Dinner - freeze dried	4.75	0.30
	20.00	1.25

Day 2 Food (details same as day 1):		
Day 2 Bag (breakfast, lunch, snacks)	15.25	0.95
Dinner - freeze dried	4.75	0.30
	20.00	1.25

Consumables:		
Total Food	40.00	2.50
Fuel - 4 oz (4 cooks)	4.00	0.25
Water - 1lt	32.00	2.00
	76.00	4.75

Total Base Weight Oz	79.25	4.95
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Total Carried Pack Wgt	155.25	9.70
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Total Weight (skin out)	228.30	14.27
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