

Jamie Shortt's Lightweight Gear List
(SMNP 11/24/2007, 3.5 Days, Temp 32 to 70)

Worn Items:	Total oz.	Total lbs.
REI LS Zip Lgt-Weight Poly T-Shirt	6.60	0.41
Columbia Convertable Pants	13.25	0.83
Poly Boxer/Brief	2.75	0.17
Wool Low-cut Socks	2.25	0.14
Bandana	1.05	0.07
Watch	0.90	0.06
Sunglasses	0.90	0.06
Columbia Sun Hat	2.75	0.17
Komperdell Carbon Hiking Staff	10.35	0.65
Merrell Hiking Shoes	37.70	2.36
	78.50	4.91

Pack		
Gregory G-Pack	43.55	2.72
	43.55	2.72

Shelter/Sleeping		
Marmot Helium 30	23.35	1.46
Sleeping bag stuff sack	1.75	0.11
Ridgerest Pad (trimmed)	7.95	0.50
Hubba Poles, Stakes, Bags	15.40	0.96
Hubba Tent body	18.15	1.13
Hubba Fly	17.45	1.09
	84.05	5.25

Cooking		
Platypus 2.5 lt. Water Bottle	1.30	0.08
CIO2 Purifications Tabs (20)	0.45	0.03
Platypus 1 lt. bottle	0.90	0.06
Trip Teaste Cord/Food Bag	2.00	0.13
Fuel Bottle (8 oz cap.)	1.00	0.06
Kitchen Kit	8.15	0.51
* Titanium Pot .9 liter		
* Vargo Triad Stove		
* Plastic Measuring Cup		
* Camp Soap (micro-dropper)		
* Plastic Scrubber		
* Lighter		
* Foil Windscreen		
* Titanium spork .55		
	13.80	0.86

Extra Cloths		
Marmot Precip Jacket	12.35	0.77
Marmot Precip Pants	8.80	0.55
Mont-Bell UL Down Jacket w/stuff sack	7.15	0.45
Wool/Fleece Glove Liners	1.40	0.09
Fleece Cap	1.40	0.09
Wool Lowcut Socks	2.20	0.14
	33.30	2.08

Misc. in (Mesh Bag)		
Keychain Thermometer/Compass	0.30	0.02
Camera - Olympus F-230 w/battery & card	4.35	0.27
Cell Phone	3.30	0.21
Map	1.00	0.06
Paper, pencil, ID, money	0.50	0.03
Black Diamand Ion Light	1.00	0.06
Deet (in .27 oz dropper bottle)	0.60	0.04
Mini Bible	3.30	0.21
Swiss Army Knife Classic	0.75	0.05
Peronal Items	3.05	0.19
* Contact Case		
* Rx's pills for 2 Days		
* Contact Solution		
* Toothbursh		
* Toothpaste		
* Toilet paper		
First aid & Repair	3.10	0.19
* Band aids		
* Medical Tape		
* Moleskin		
* Extra zip lock bag		
* Extra contacts		
* Repair Kit - Duct tape, needle, wire, matches		
* Plastic garbage bag		
* Anitbiotic Ointment		
* Ibuprofin - 20 tabs		
* Decongestant - 6		
* Antihistymine - 4		
* Antiacid		
	21.25	1.33

Day 1 Food Bag - Details		
Day 1 bag (breakfast, lunch, snacks)	16.00	1.00
2 oatmeal 2 oz	2.75	0.17
beef jerky	2.75	0.17
trail mix - sweet	3.00	0.19
trail mix - oriental	2.80	0.18
coffee & tea & lemonade mix	0.80	0.05
peanut butter crackers	1.55	0.10
Granola bar	1.40	0.09
Candy (sour patch kids + small reesee cup)	0.95	0.06
Dinner - freeze dried	4.75	0.30
	20.75	1.30

Consumables:		
Total Food	62.25	3.89
Fuel -8 oz (8 cooks)	8.00	0.50
Water - 1lt	32.00	2.00
	102.25	6.39

Total Base Weight Oz	195.95	12.25
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Total Carried Pack Wgt	298.20	18.64
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Total Weight (skin out)	376.70	23.54
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