

Jamie Shortt's Lightweight Gear List
(SMNP 11/24/2007, 3.5 Days, Temp 32 to 70)

| Worn Items: | Total oz. | Total lbs. |
|------------------------------------|------------------|-------------------|
| REI LS Zip Lgt-Weight Poly T-Shirt | 6.60 | 0.41 |
| Columbia Convertable Pants | 13.25 | 0.83 |
| Poly Boxer/Brief | 2.75 | 0.17 |
| Wool Low-cut Socks | 2.25 | 0.14 |
| Bandana | 1.05 | 0.07 |
| Watch | 0.90 | 0.06 |
| Sunglasses | 0.90 | 0.06 |
| Columbia Sun Hat | 2.75 | 0.17 |
| Komperdell Carbon Hiking Staff | 10.35 | 0.65 |
| Merrell Hiking Shoes | 37.70 | 2.36 |
| | 78.50 | 4.91 |

| Pack | | |
|----------------|-------|------|
| Gregory G-Pack | 43.55 | 2.72 |
| | 43.55 | 2.72 |

| Shelter/Sleeping | | |
|---------------------------|-------|------|
| Marmot Helium 30 | 23.35 | 1.46 |
| Sleeping bag stuff sack | 1.75 | 0.11 |
| Ridgerest Pad (trimmed) | 7.95 | 0.50 |
| Hubba Poles, Stakes, Bags | 15.40 | 0.96 |
| Hubba Tent body | 18.15 | 1.13 |
| Hubba Fly | 17.45 | 1.09 |
| | 84.05 | 5.25 |

| Cooking | | |
|-------------------------------|-------|------|
| Platypus 2.5 lt. Water Bottle | 1.30 | 0.08 |
| ClO2 Purifications Tabs (20) | 0.45 | 0.03 |
| Platypus 1 lt. bottle | 0.90 | 0.06 |
| Trip Teaste Cord/Food Bag | 2.00 | 0.13 |
| Fuel Bottle (8 oz cap.) | 1.00 | 0.06 |
| Kitchen Kit | 8.15 | 0.51 |
| * Titanium Pot .9 liter | | |
| * Vargo Triad Stove | | |
| * Plastic Measuring Cup | | |
| * Camp Soap (micro-dropper) | | |
| * Plastic Scrubber | | |
| * Lighter | | |
| * Foil Windscreen | | |
| * Titanium spork .55 | | |
| | 13.80 | 0.86 |

| Extra Cloths | | |
|---------------------------------------|-------|------|
| Marmot Precip Jacket | 12.35 | 0.77 |
| Marmot Precip Pants | 8.80 | 0.55 |
| Mont-Bell UL Down Jacket w/stuff sack | 7.15 | 0.45 |
| Wool/Fleece Glove Liners | 1.40 | 0.09 |
| Fleece Cap | 1.40 | 0.09 |
| Wool Lowcut Socks | 2.20 | 0.14 |
| | 33.30 | 2.08 |

| Misc. in (Mesh Bag) | | |
|---|-------|------|
| Keychain Thermometer/Compass | 0.30 | 0.02 |
| Camera - Olympus F-230 w/battery & card | 4.35 | 0.27 |
| Cell Phone | 3.30 | 0.21 |
| Map | 1.00 | 0.06 |
| Paper, pencil, ID, money | 0.50 | 0.03 |
| Black Diamand Ion Light | 1.00 | 0.06 |
| Deet (in .27 oz dropper bottle) | 0.60 | 0.04 |
| Mini Bible | 3.30 | 0.21 |
| Swiss Army Knife Classic | 0.75 | 0.05 |
| Peronal Items | 3.05 | 0.19 |
| * Contact Case | | |
| * Rx's pills for 2 Days | | |
| * Contact Solution | | |
| * Toothbursh | | |
| * Toothpaste | | |
| * Toilet paper | | |
| First aid & Repair | 3.10 | 0.19 |
| * Band aids | | |
| * Medical Tape | | |
| * Moleskin | | |
| * Extra zip lock bag | | |
| * Extra contacts | | |
| * Repair Kit - Duct tape, needle, wire, matches | | |
| * Plastic garbage bag | | |
| * Anitbiotic Ointment | | |
| * Ibuprofin - 20 tabs | | |
| * Decongestant - 6 | | |
| * Antihistymine - 4 | | |
| * Antiacid | | |
| | 21.25 | 1.33 |

| Day 1 Food Bag - Details | | |
|--|-------|------|
| Day 1 bag (breakfast, lunch, snacks) | 16.00 | 1.00 |
| 2 oatmeal 2 oz | 2.75 | 0.17 |
| beef jerky | 2.75 | 0.17 |
| trail mix - sweet | 3.00 | 0.19 |
| trail mix - oriental | 2.80 | 0.18 |
| coffee & tea & lemonade mix | 0.80 | 0.05 |
| peanut butter crackers | 1.55 | 0.10 |
| Granola bar | 1.40 | 0.09 |
| Candy (sour patch kids + small reesee cup) | 0.95 | 0.06 |
| Dinner - freeze dried | 4.75 | 0.30 |
| | 20.75 | 1.30 |

| Consumables: | | |
|----------------------|--------|------|
| Total Food | 62.25 | 3.89 |
| Fuel -8 oz (8 cooks) | 8.00 | 0.50 |
| Water - 1lt | 32.00 | 2.00 |
| | 102.25 | 6.39 |

| | | |
|-----------------------------|---------------|--------------|
| Total Base Weight Oz | 195.95 | 12.25 |
|-----------------------------|---------------|--------------|

| | | |
|-------------------------------|---------------|--------------|
| Total Carried Pack Wgt | 298.20 | 18.64 |
|-------------------------------|---------------|--------------|

| | | |
|--------------------------------|---------------|--------------|
| Total Weight (skin out) | 376.70 | 23.54 |
|--------------------------------|---------------|--------------|